

# The **Eternal Energy** of Yoga



Learn from **Tao**,  
a Grand Master  
of Modern Yoga

June 5-6, 2010

Hastings House in Walpole, NH

Saturday 9:00-5:00 (Lunch & Snacks Included)

Sunday 9:00-12:00

**PRICING:**

ALL INCLUSIVE (SATURDAY & SUNDAY) \$150

SATURDAY: 9:00-5:00 \$125

SUNDAY: 9:00-12:00 \$50

Call Josephine to Register: 603-352-1684



**Tao Porchon-Lynch**, a master yoga instructor, was born in India. Her remarkable teaching style reflects the great masters with whom she has studied, including: B.K.S. Iyengar, Matji Indra Devi, and Swami Prabhavananda. Her style also reflects her years of teaching and life. Tao has over 60 years of yoga practice and more than 35 years of teaching yoga to students in India, France, and the U.S. Her current passion, in addition to yoga, is ball-room dancing and she is an award winning world-class dancer. **At a youthful 91**, Tao brings a delightful, childlike love of life and nature to all that she does. Her presence and words inspire deep compassion and inner peace. Prepare to be enchanted and inspired.